



Cape Cod Food Access

To add or update information, please email andrea.scarpellini@capecod.gov
Updated October 2025



The Family Pantry of Cape Cod

Serving all of Cape Cod

133 Queen Anne Road, Harwich
508-432-6519

Food Pantry Hours:

Tuesdays 10am-3:30pm

Wednesdays 10-12pm

Thursdays 10am-7pm

Saturdays 9am-12pm (No new client registration on Saturdays)

Client choice shopping list is on the website or at pantry

*Pantry will close 15 minutes prior to posted end time

Donation Hours for Food, Clothing, Housewares etc.

Tues & Thurs 8am-3:30pm, Wed 8am-12pm drop off at the Family Pantry Warehouse
(no donations taken on Saturdays)

Cape Kid Meals

1336 Main Street, Osterville

Mailing address: PO Box 36

Forestdale, MA 02644

(508) 419-1734

www.capekidmeals.org

info@capekidmeals.org

Facebook: Cape Kid Meals

Weekend meals for children through each school system's distribution program. Contact your children's school nurse or guidance counselor for more information.

Meals on Wheels Elder Service of Cape Cod and the Islands

68 Route 134 South Dennis 508-394-4630/800-244-4630

www.escci.org

Senior Dining Centers, Senior Nutrition Program Meals

Monday-Friday between 9am-12pm For people ages 60+ who are homebound and unable to prepare their own meals. Call (508) 394-4630 to make referral.

Cape Wellness Collaborative

www.capewellness.org

436b Station Ave, South Yarmouth (774) 408-8477

Meals provided for those undergoing cancer treatment.

Nantucket Food Pantry

10 Washington Street 508-228-7438

Pantry Hours:

Tuesday, Wednesday and Thursdays 3pm-6pm

Food delivery available for seniors or disabled persons and emergency deliveries

To learn more about services, qualifications for assistance, fill out the form found on website

www.assistentantucket.org or email: food@assistentantucket.org

Martha's Vineyard Island Grown Initiative Food Pantry

114 Dukes County Avenue, Oak Bluffs (New Location!)
508-296-8384 (leave a voicemail and someone will respond ASAP)
info@islandfoodpantry.org <http://islandfoodpantry.org/resources/>

Pantry Hours (Updated):

Seniors 60+ only may shop in person on Fridays 12pm-1:45pm
All others need to sign up and shop online using the Smart Choice App

Online Food Pickup times:

Mondays: 2:00pm-3:45pm

Wednesdays: 1pm-5:45pm

Saturdays: 10am-11:45am

****To self-register, visit smartchoice.life/igi***

Sunday 6pm-Monday 8am

Tuesday 6pm- Wednesday 8am

Friday 6pm- Saturday at midnight

Cape & Islands Veterans Outreach

Upper Cape Distribution:

To receive food, former military personnel must bring proof of their veteran status, such as a DD-214 and they must meet criteria for assistance as defined by The Emergency Food Assistance Program

FALMOUTH:

Mobile Food Pantry@ Falmouth AmVets

366 Palmer Ave, Falmouth

1st and 3rd Tuesday monthly 10am – 1pm

WAREHAM:

Wareham Council on Aging, 48 Marion Rd

2nd & 4th Wednesday monthly 11:00am-1:00pm

MARTHA'S VINEYARD:

Third Wednesday MONTHLY beginning at 10:30 a.m. (depending on the boat).

Friends Food Pantry, Bourne

121 Main Street

PO Box 144, Buzzards Bay

508-759-3351

Pantry Hours:

Tuesdays from 9:00am-12:00pm

Call between Monday and Wednesday for more information.

Empowerment Center

JBCC Empowerment Center (for those with access to the base)

1015 South Inner Road, Buzzards Bay

Monday & Friday: 10am-1pm

Tuesday & Thursday: Closed

Wednesday: 1pm-4pm

Falmouth Service Center

Serving all of Cape Cod

611 Gifford Street, Falmouth

508-548-2794

www.falmouthservicecenter.org

Food Pantry Hours:

Tuesdays: 10am-12pm

Wednesdays: 3:30pm-5:30pm

Thursdays: 10am-12pm

Fridays: 10am-12pm

Client choice shopping list on the website or at the pantry.

Please Note: The Service Center is under construction. Please drive slowly through the parking lot. There may be a wait to get into the parking lot.

A Place At The Table

Saint Barnabas's Episcopal Church

91 Main Street ~ Across From the Village Green

Falmouth, MA

www.stbfalmouth.org ~ 508-548-3863

Hot lunches for the community. All are welcome!

No registration is required.

Lunch is served every Tuesdays & Thursdays

11:00 – 1:00pm.

Meals are served in the Parish House located behind the church on the Saint Barnabas's campus.

To volunteer or offer a donation please contact the church office at 508-548-3863.

On site services by: Duffy Health Van, AIDS Van of Cape Cod, Housing Assistance Corporation, Falmouth Service Center & Live Music!

St. Vincent De Paul Food Pantry/St. Joseph Guardian of the Holy Family Parish

located at St. Patrick Church

(enter on the parking lot side of the church)

511 Main Street

Falmouth, MA 02540

508-563-7775

Tuesdays and Fridays

10:00 AM - 12 Noon and 1:00 PM - 3:00 PM

available to all Falmouth residents; limited to 2 times per month

information about additional resources is available on site

Sandwich Food Pantry (Updated)

331 Cotuit Road, Sandwich

508-888-3816

www.sandwichfoodpantry.org

Facebook: Sandwich Food Pantry, Inc.

Open for All Sandwich Residents-to become a client, bring proof of residency

Pantry Hours:

Every Wednesday 10am-12pm

Last Wednesday of the month: 10am-12pm/ 6pm-7:30pm

3rd Saturday of the month: 10-12pm

Hands of Hope Food Pantry

(Serving Sandwich, Mashpee, all Barnstable Villages, Yarmouth, Dennis and Harwich)

49 Rt. 28 West Harwich

508-432-1312

Pantry Hours:

Mondays 10:00-3:00

Tuesdays 1:00-3:00

Wednesdays 1:00-3:00 & 4:00pm-6:00pm

Thursdays 1:00-3:00

Fridays 10am-1pm

Meats, dairy, bakery, perishables and non- perishables, personal items, paper products

Delivery options available for those without transportation.

Thrift Shop hours: Tuesday, Wednesday, Thursday, Friday, & Saturday 10am-1pm

Empowerment Center

Sandwich Empowerment Center (for those without base access)

117 Rt. 6A, Sandwich

Monday & Tuesday: 10am-1pm

Wednesday: Closed

Thursday & Friday: 12:30pm-4pm

For questions, call 774-205-7232

<https://mmsfi.org/empowerment-centers/>

Shelf-stable food boxes for veterans and active duty military and their families

Reservations are required prior to picking up food.

To schedule a reservation:

<https://mmsfi.org/empowerment-centers/>

*****Limit: 1 visit per week**Must bring a printed or mobile copy of the Reservation confirmation and ID (proof of service) upon checking in**

St. Vincent DePaul Food Pantry

322 Quaker Meeting House Road, Sandwich
Located at the rear of Mary's Closet Thrift Store
508-833-1555

svdp@corpuschristiparish.org

Open to All Sandwich, Sagamore & Sagamore Beach Residents
Perishables and Non-Perishables Provided

Pantry Hours:

Every Thursday 9:30-12pm

Christ the King Food Pantry

5 Job's Fishing Road, Mashpee
508-477-7700

www.christthekingparish.com/st-vincent-de-paul

Open for all Cape Residents
Client Choice, Drive through Distribution

Wednesdays 9:00am-12:00pm

Financial Assistance Hotline available to Mashpee residence, call 508-477-7700

Delivery options available for homebound those residing in Mashpee, Cotuit and parts of Marstons Mills (west of Route 149)

Mashpee Wampanoag Tribe Food Pantry

483 Great Neck Road South, Mashpee
508-477-0208 ext 189

www.mashpeewampanoagtribe-nsn.gov/food-pantry

Darlene.scott@mwtribe-nsn.gov

Pantry Hours: Tuesdays, Wednesdays, Thursdays 12pm-4:00pm

Cape & Islands Veterans Outreach Center

Pantry is at the CIVOC location:
223 Stevens Street, Hyannis
508-778-1590 www.capeveterans.com
Facebook: Cape & Island Veterans
Email: Info@capeveterans.com

Pantry is open to veterans and their families.

Pantry Hours: Weekly on Thursdays 9am-6pm

To receive food, former military personnel and family members must bring proof of their veteran status, such as a DD-214 and they must meet criteria for assistance as defined by The Emergency Food Assistance Program

Faith Family Kitchen

154 Bearses Way Hyannis (Kitchen is located in the back of the church)

508-775-5073

www.capecodcouncilofchurches.org/faith-family-kitchen.org

Mondays, Wednesdays & Fridays 5:30-6:30pm

Meals for all will be distributed at the back door of the church off Bacon Street

Dine in or carry out options available

Barnstable Public Schools

For students and families enrolled in Barnstable Public Schools.

To register: Contact Moira Bundschuh, Family and Community Engagement Coordinator, 141 Bassett Ln, Hyannis, MA 02601

bundschuh_moira@mybps.us or 508-790-6345 x117.

Delivery options are available for those without transportation.

Families are eligible to receive food every other week.

Cape Cod Community College Family Pantry

Pantry is located in Building #7/Grossman Commons in the cafeteria on campus

1 bag of food per week during the semester

Tuesdays 12pm-2pm & Wednesdays 11am-1pm

Open to all students, faculty and staff

Questions? Call 774-330-4857 **Cape Cod Community College Family Pantry**

Pantry is located in Building #7/Grossman Commons in the cafeteria on campus

1 bag of food per week during the semester

Tuesdays 12pm-2pm & Wednesdays 11am-1pm

Open to all students, faculty and staff

Questions? Call 774-330-4857

Cape Cod Community Resource Center

29 Bassett Lane, Hyannis

508-815-5100

<https://capecodfamilyresourcecenter.org/>

Hours:

Monday: 8 am - 6 pm

Tuesday: 8 am - 6 pm

Wednesday: 8 am - 5 pm

Thursday 9 am - 6 pm

Friday: 9 am - 4 pm

Check calendar for weekend hours

Shelf-stable foods, personal hygiene items, and household cleaning products are available to families. Walk-ins are available during regular business hours.

**NourishHub Food Access Fridge at the
Hyannis Public Library**

401 Main Street, Hyannis 508-775-2280
www.hyannislibrary.org

Free, healthy foods provided by Family Table Collaborative
All are welcome to enjoy!

Fridge is open during regular library hours:

Monday: 9:30am-5:00pm
Tuesday: 12:00pm-7:00pm
Wednesday: 12:00pm-7:00pm
Thursday: 9:30am-5:00pm
Friday: 9:30am-5:00pm Saturday: 10am-4:00pm

First Baptist Church Pantry

486 Main Street, Hyannis
508-775-1846
Serving Barnstable & West Yarmouth Residents

Open Tuesdays 9am-12:00pm

What's provided:
Fresh Produce, perishables, and nonperishables

St. Vincent De Paul Food Pantry

St. Francis Xavier Church
21 Cross Street, Hyannis
508-775-3073

Open Tuesday & Friday 10-12pm

Perishables & Non-Perishable

Salvation Army Pantry & Soup Kitchen

100 North St. Hyannis 508-775-0364
www.SalvationArmyMA.org/Hyannis

All are welcome!

Office and Social Services Hours:

Monday-Friday 9:00am-3:00pm

Pantry Hours By Appointment:

Monday-Thursday 10am-11:15am

Shelf stable foods, frozen meats, frozen vegetables, frozen fish, dairy products, eggs. Toiletries, socks and personal items available to those in need. Donated foods from local retailers every Tuesday, Thursday and Friday.

Miracle Kitchen Open:

Monday-Friday

Breakfast 8:30-9:30am Lunch 11:30-12:30pm

AIDS Support Group of Cape Cod

428 South Street, Hyannis
Monthly food pantry and emergency food
www.asgcc.org

Family Table Collaborative

www.facebook.com/familytablecollaborative

Need a free, healthy, delicious meal for yourself, family, friends?

Meal Distributions: 1st and 3rd Thursdays of the month

Hyannis Youth and Community Center

141 Bassett Lane, Hyannis

4:30-5:30pm, drive through format

To sign up, text 508-348-9777 with your first name, number of meals needed, and any food allergy information. If you are not in the Hyannis area, meals are also distributed through agencies in towns across Cape Cod.

Please check website or Facebook for up-to-date meal distribution information.

Cape Cod Community Food Pantry (formally Yarmouth Food Pantry)

Lighthouse Landing Plaza

845 Rt. 28 Unit 16, S.Yarmouth

508-394-0880

www.yarmouthfoodpantry.org

Facebook: Yarmouth Food Pantry

Pantry Hours:

Tuesdays & Thursdays 5:30-6:30pm

2nd Friday of the month 3:00-4:00pm

3rd Saturday of the month 10-11am

4th Friday of the month 10:00-11:00am

Senior Hours: 2nd & 4th Wednesdays 10am-12pm

Client Choice Shopping in Pantry

St. David's Episcopal Church

205 Old Main St. South Yarmouth

508-394-4222 www.stdavidscapecod.org

Open 3rd Wednesday of the month

Paper Pantry and meals to go & clothes

Pantry is located in Nelson Hall which is the last building behind the church

St. Pius Food Pantry

5 Barbara Street, South Yarmouth

508-394-2244

Open By Request

Canaan Church Food Pantry & Everyone Eats Community Garden

204 Route 28, West Yarmouth

Caribbean Food Options Available

Serving all Mid-Cape and Chatham

For emergency requests or for delivery, please call 508.266.1439

Dennis Center for Active Living

1045 Route 134
508-694-2004

jbenoit@town.dennis.ma.us

Mobile Food Pantry sponsored by the Family Pantry of Cape Cod- Please call for details

The People's Fridge

100 Oak Street at the Harwich Community Center
Call the Harwich Health Department 508-430-7509 for information

Fridge is located inside the Community Center Building next to the Council on Aging

All are welcome, no age restrictions & no questions asked!

Fridge will be stocked Monday through Friday with 10 prepared bagged lunches a day

Healthy Meals in Motion Mobile Food Pantry

Family Pantry of Cape Cod

Registration is required

60+ years old; families with children

Food choice pantry – nonperishables, vegetables, dairy, meat and bakery items

Harwich Pantry Lower Cape Outreach Council

St. Peter's Lutheran Church
73 Main Street, Harwich
508-240-0694 www.lcoutreach.org/pantry-hours

Mondays: 1pm-3pm

Tuesdays: 3:30pm-5pm

Wednesdays: 12:30-2:30pm

Fridays: 10am-12pm

Client choice shopping- Grocery list available on website or at pantry All are welcome!

Brewster Pantry Lower Cape Outreach Council

Brewster Baptist Church
1848 Main St., Brewster
508-240-0694
www.lcoutreach.org/pantry-hours

No Appointment Needed

Pantry open:

Mondays: 10am-12pm & Thursdays 10:00am-12:00pm

Chatham Pantry Lower Cape Outreach Council

St. Christopher's
625 Main St. Chatham
508-240-0694

www.lcoutreach.org/pantry-hours

Tuesdays 4pm-6pm

Thursdays 3:00-5:00pm

Client choice shopping- Grocery list available on website or at pantry

St. Francis Food Pantry

First United Methodist Church in Chatham
16 Cross Street, Chatham
Located in the Thrift Shop
Open Thursdays and Fridays from 11am – 2pm
ID is required, may be in the form of a utility bill if no driver's license.

Orleans Pantry-Lower Cape Outreach Council (Updated)

Orleans Methodist Church
73 Main St. Orleans
Pantry located across from the library
508-240-0694

www.lcoutreach.org/pantry-hours

No Appointment Needed

Tuesdays 10:00am-12:00pm

Lower Cape Outreach Council-Main Pantry

19 Brewster Cross Rd. Orleans
508-240-0694

www.lcoutreach.org/pantry-hours

Due to Construction, pantry will temporarily be located on the street level.

Katy's Korner

***Closed during construction. Re-opening date to be determined.**

Food 4 Kids Cape Cod Summer Eats Program

204 Monument Road, Orleans
(800) 645-8333

www.food4kidscapecod.org

Meals Available: Monday through Friday end of June through August

A summer food service program that provides breakfast, lunches, and snacks to children
For children 18 or younger
Inquire for locations and times

Eastham Pantry-Lower Cape Outreach Council

Eastham United Methodist Church
3200 State Hwy, Route 6, Eastham
508-240-0694

www.lcoutreach.org/pantry-hours

Pantry Hours:

Mondays: 4pm-6pm

Tuesday 10:00am-12:00pm

Thursday 2:00pm-4:00pm

Nauset Fellowship at Eastham's Chapel in the Pines

220 Samoset Road, Eastham
Community Food Exchange
All are welcome!
Take what you want or leave any canned and packaged non-perishable items
Call 508-246-4924 to arrange donation pick up if needed

Eastham Community Fridge

2500 State Highway, Eastham Health Department

Call 774-801-3229 before arriving to make sure it's stocked

The fridge is in the small building between Town Hall and the Police Department.

Cape & Islands Veterans Outreach Center

Mobile Pantry

Eastham Elks Club
10 McKoy Road, Eastham
2nd and 4th Tuesday of each month from 10am-1pm

508-778-1590 www.capeveterans.com

Facebook: Cape & Island Veterans

Email: Info@capeveterans.com

Pantry Open to Veterans Only

Eastham Council on Aging Eastham Senior Center

1405 Nauset Road, Eastham
(774) 801-3151

www.eastham-ma.gov/542/Council-on-Aging

Office Hours: Mon. - Fri. 8:30a-3:30pm

Several Food Program For Eastham residents 59+

Pre-registration is required call (774) 801-3151 to register

Food Programs Include:

-Dry Goods Pantry & personal items

-Mobile Food Pantry by The Family Pantry of Cape Cod: 1st Wednesday of the month, 12:00pm-1:00pm Eligible participants receive a grocery shopping list to select needed food items.

-Brown Bag Friday: Fresh and frozen items available for pickup or delivery on the 1st Friday of the month. Pre-registration required

Wellfleet Pantry-Lower Cape Outreach Council (Updated)

Our Lady of Lourdes Parking Lot
2282 Route 6, Wellfleet
(Located at the corner of Lieutenant Island Road and Route 6)
No appointment needed
508-240-0694

www.lcoutreach.org/pantry-hours

Mondays 3pm-6pm

Wednesdays 3pm-6pm

Thursdays 10am-12pm

All are welcome!

Truro Community Kitchen

Operating out of Christian Union Church
27 Shore Road, Truro
973-868-7526

Tuesdays for deliveries only

To register for a meal, email info@trurocommunitykitchen.org
or call/text 508-514-1833

No documentation required- Open to Truro Residents Only

2 prepared meals will try to accommodate dietary needs_____

Truro Pantry- Lower Cape Outreach Council

Community Center
7 Standish Way, Truro
No Appointment Needed

Tuesdays 10am-12:30pm Walk In

Wednesdays 10-12:30pm Walk In

www.lcoutreach.org/pantry-hours

Client choice shopping- Grocery list available on website or at pantry All are welcome!

Provincetown Pantry Lower Cape Outreach Council

United Methodist Church
20 Shank Painter Rd. Provincetown
516-974-1524

www.lcoutreach.org/pantry-hours

Wednesdays 10:00am-2:00pm

Thursdays 10:00am-2:00pm

Choice pantry-shopping list is posted on the website and is given out upon arrival

Soup Kitchen in Provincetown (SKIP)

Provincetown Methodist Church
20 Shank Painter Road, Provincetown, MA 02657
(508) 487-8331 | www.skipfood.org

Meals Served: Mon. - Fri. 12:30p-1:30p

November through April. A hot no-cost lunch, dine in or take out Year-round office coordinator available to help anyone in need of food assistance

Eligibility: Open to the public

AIDS Support Group of Cape Cod

96 Bradford St. Provincetown www.asgcc.org
508-487-9445
Facebook: AIDS Support Group of Cape Cod

Monday-Friday 9am-5pm

Must be a client to receive food

Delivery available to Provincetown and Truro clients. Call to schedule delivery.

Unitarian Universalist Meeting House of Provincetown

236 Commercial Street
PO Box 817
Provincetown, MA 02657

<https://www.uumh.org/>

Small free food pantry that is available 24/7,

Office hours: 9am-4pm, Monday through Thursday

Open to the public

Crop Swap at the Provincetown Library

356 Commercial Street, Provincetown
508-487-7094

www.provincetownlibrary.org

Facebook: Crop Swap

Community fridge filled with fresh produce

Open to all during regular library hours:

Monday: 10:00am-5:00pm

Tuesday-Thursday: 10:00am-8:00pm

Friday: 10:00am-5:00pm

Saturday & Sunday: 1:00pm-5:00pm

St. Peter the Apostle, Provincetown

11 Prince Street, Provincetown
(508) 487-0095 ext. 4

www.stpeters-ptown.org

Office Hours:

Mondays & Tuesdays: 9:30am-4:30pm

Wednesdays: 9:30a-12pm

Provides gift cards for food and general financial assistance

For Provincetown & North Truro residents only

Community Servings

179 Amory Street, Jamaica Plain

(617) 522-7777

www.servings.org

Provides medically tailored meals shipped to people who are critically or chronically ill with qualifying insurance

Apply through their website: www.servings.org/meal-delivery/

Mom's Meals

Serves  www.momsmeals.com

877-508-

8:00 AM – 5:00 

*Delivery 

Mom's Meals Long Term Services and Support/Home and Community Based Services Program

Provides refrigerated, home-delivered meals to the elderly (ages 65+), disabled, and individuals in poor health, who are eligible for economic assistance through Medicaid Waiver or other government-funded nutrition



Payment options include:

Medicaid, Medicare or Self Pay

Lasagna Love

www.lasagnalove.org

Home-delivered lasagna or meal made by volunteers in home kitchens

Open to the public Request a meal for you or someone else through their website:

www.lasagnalove.org/request



Check out the 2025 Farmers Market Schedule:

Buy Fresh Buy Local - Barnstable County (capecod.gov)

www.buyfreshbuylocalcapecod.org

The **Sustainable CAPE Farmers' Market Coalition**
Increasing local food access for all.



The coalition's **local farmers' markets**

mon 8am-12	seasonal*
* truro farmers' market	
wed 8am-12	seasonal*
* wellfleet farmers' market	
curbide pick-up wed 4-6pm	
* brewster farmers' market	
thurs 12pm-5	seasonal*
* falmouth farmers' market	
year-round! sat 8am-12	seasonal*
* orleans farmers' market	
sat 8:30-12:30	seasonal
* nantucket farmers' market	
sat 9am-3	seasonal
* provincetown farmers' market	

Find out more:  SustainableCAPE.org

Bring your SNAP or Project Gratitude Cards, WIC & Sr Discount Coupons adding up to \$10 in bonus tokens for FREE fruits & vegetables. HIP vendors at most markets too! *

Ask at Info Table.

Sustainable CAPE
 CENTER for AGRICULTURAL
 PRESERVATION & EDUCATION
Supporting the Cape Cod area for growing food & life






UPPER CAPE

NEW! Canal Region Farmers Market

Buzzards Bay Park
90 Main St., Buzzards Bay
In collaboration w/ Canal Concert Series
June 26 - August 28
Thursdays, 3pm - 7pm
canalregionfarmersmarket.com
Socials: @CanalRegionFarmersMarket

Falmouth Farmers Market

Marine Park, Scranton Ave.
May 22 - October 23
Thursdays, 11am - 3pm
WINTER MARKET - St. Barnabas' Church
January - March on Sundays 12pm - 3pm
Holiday Market on November 25
Socials: @FalmouthFarmersMarket

Mashpee Farmers Market

Naukabout Beer Garden (by library)
4 Job's Fishing Rd.
Memorial Day - Columbus Day
Sundays, 11am - 3pm
mashpeefarmersmarket.com
Socials: @MashpeeFarmersMarket

Sandwich - Bourne Farmers Market

Sagamore Inn Grounds (behind building)
1131 Sandwich Rd. (Route 6A), Sagamore
Right on town line for Bourne & Sandwich
June 17 - October 14
Tuesdays, 10am - 2pm
Thanksgiving Harvest Market on Nov. 25
sandwichfarmersmarket.com
Socials: @SandwichFarmersMarket

MID CAPE

Bass River Farmers Market

311 Old Main St., S. Yarmouth
June 12 - September 6
Thursdays AND Saturdays,
9am - 1pm
Socials: @BassRiverFarmersMarket

Osterville Farmers Market

Osterville Historical Museum,
155 West Bay Rd.
Early June - Early October
Fridays, 9am - 1pm
ostervillefarmersmarket.org
Socials: @OstervilleFarmersMarket

Farmers Market

2025

LOWER CAPE

Chatham Farmers Market

Our Lady of Grace Catholic Church
60 Meetinghouse Rd.
(Route 28 and Route 137)
May 20 - October 14
Tuesdays, 3pm - 6pm
chathamfarmersmarket.org
Socials: @ChathamFarmersMarket

NEW! Harwich - The 204 Market

Cultural Arts Municipal Building
204 Sisson Rd., Harwich
July 3 - August 28
Thursdays, 3pm - 6pm
204sisson.com
Socials: The204

Orleans Farmers Market

YEAR-ROUND, Saturdays
Dec. - Apr., 10am - 12pm
At Lower Cape TV
5 Namskaket Rd.
May - Aug., 8am - 12pm
Sept. - Nov., 9am - 12pm
19 Old Colony Way
orleansfarmersmarket.com
Socials: @OrleansFarmersMarket

OUTER CAPE

NEW! Eastham Farmers Market

T-Time site, 4795 US-6
June 20 - August 29
Fridays, 8am - 12pm
eastham-ma.gov
Socials: @EasthamFarmersMarket

Provincetown Farmers Market

Ryders St.
parking at town lots & high school
May 17 - October 25
Saturdays, 9am - 1pm
SustainableCAPE.org

Truro Educational Farmers Market

20 Truro Center Rd.
June 2 - September 15
Mondays, 8am - 12pm
SustainableCAPE.org
Socials: @SustainableCAPE

Wellfleet Farmers Market

First Congregational Church
200 Main St.
May 21 - October 15
Wednesdays, 8am - 12pm
wellfleetfarmersmarket.com
Socials: @WellfleetFarmersMarket



buyfreshbuylocalcapecod.org

Look for these symbols
for HIP & SNAP vendors!



